

HELLO HEAVY LOVERS AND WELCOME TO

October-November

President's
Ponderings

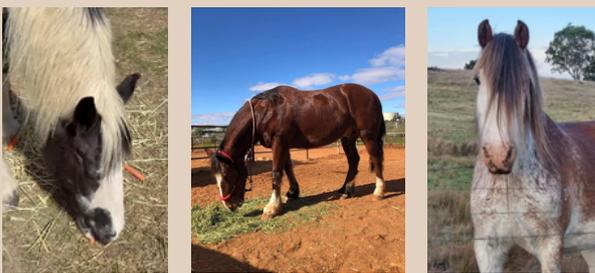
*Happy Anniversary
Clyde and Team*

For the past year, Clyde has tried to provided our community with information, entertainment, and knowledge. In this issue, we will reflect on some of those contributions, but more importantly, we want to celebrate the individuals who are the heart of HHH: our volunteers. October and November have been rolled into a bumper edition because..... well mainly because our Clyde hit some technical issues. Less said soonest mended (forgotten). Clyde has also taken a bit of a rest to recover from a big year.

Our volunteers give their time, money, and effort. Whether they contribute for hours or just a few minutes, every second is valuable and appreciated. HHH could not operate or maintain its high standards without them. We salute all of our volunteers and their unwavering commitment to our cause. So there is no apology from either Clyde or myself for this edition to be bigger than Ben Hur. (By the way Ben's horse was called.....? Answer at the end).

RESCUE ROUNDUP (INS AND OUTS)

Over the past 12 months, we have seen these chaps through the gates either in or out (sometimes both ways). Those we have farewelled were either by rehoming them or waving them over the rainbow bridge.



- Barky
- Bekky
- Bozo
- Busta
- Captain
- Cas
- Chief
- Clancy II
- Cobber
- Delta
- Duke
- Duncan
- Ellie
- Esmerelda
- Juliet
- Larry
- Luke
- Marnie
- Mem
- Monique
- Pharaoh
- Pippin
- Raddison
- Sahara
- Shreya
- Star
- Stolli
- Willy





Hoofbeat Herald

Horse Health

Moon Blindness - (or Chronic Uveitis)



Geronimo (Geri)'s Story

Initially, Geri's condition was serious. After cultures for fungal and bacterial growth came back negative, an intensive treatment plan was set up by the veterinary team at Charles Sturt University (CSU). This involved establishing a lavage system to deliver medication directly to his eye and switching his pain medication to a more effective option to ensure his comfort.

After being discharged, Geri's care was managed at home. A blackout fly mask was created to protect his eye, and he was noted to be much more comfortable. Dr. Hyun was pleased with Geri's progress, noting his eye was looking very clear and he was taken off his active medication. Geri was showing remarkable improvement and went for his check-up at CSU that week.

Following the check-up, the situation remains uncertain. While Dr. Hyun is pleased with Geri's eye progress, there are still some unusual signs. The decision was made to allow a few more months to see how the eye heals naturally, with the hope that these issues will resolve. Eye removal is still a possibility. Geri is now in a waiting state, progressing slowly, and we will continue to monitor him closely and provide more updates on our Facebook page as we know them.



Your Aging Steed

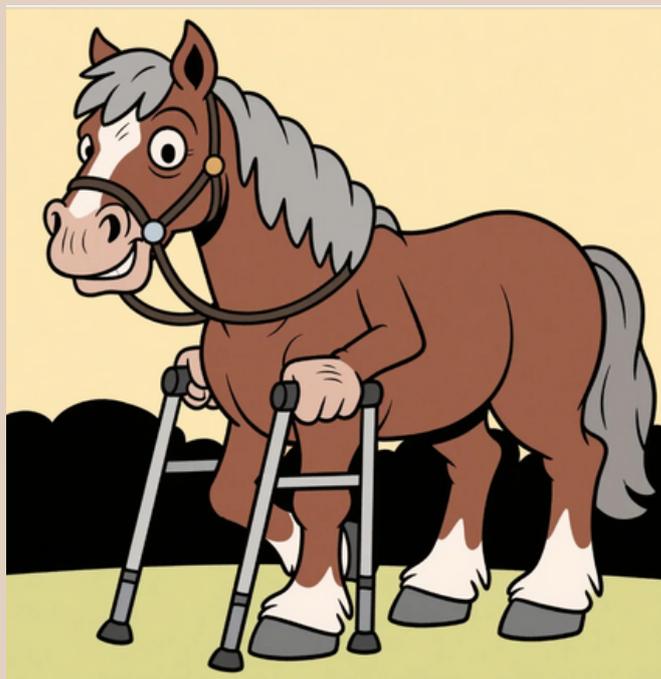
Caring for an aging horse requires a proactive approach to their changing needs. A horse is generally considered a senior around 20, but this can vary. Key focus areas are digestive health, weight management, joint support, and disease prevention.

A senior horse's digestive system is less efficient, and many have dental problems like worn or missing teeth. This makes chewing difficult and can lead to weight loss or colic. To help, schedule regular dental exams and consider feeding soaked hay cubes or a senior-specific feed.

Maintaining a healthy weight is also crucial. A high-quality senior feed, which is high in fat and fibre, helps support a healthy weight. Joint supplements with glucosamine and chondroitin can help manage common issues like arthritis, while gentle, consistent exercise keeps joints mobile.

Senior horses are more susceptible to conditions like Cushing's disease (PPID). Look for signs like a long, curly coat that won't shed out or increased thirst and urination.

Early detection through regular veterinary check-ups is vital for proper management. Regular hoof care by a knowledgeable farrier is also essential as hoof growth can slow. Finally, daily grooming is important to check for any skin issues or lumps. By focusing on these key areas, you can help your horse live a comfortable and dignified life in their golden years.



A year of volunteers doing their thing!

Like building a fence!!!



Psst Billy - like building a fence!!!







Been to Ikea??



Horse Superstitions: The Rhyme of the White Feet

Perhaps the most famous of all horse superstitions is the old rhyme about a horse's socks. This popular saying suggests a horse's luck and temperament are tied to the number of white feet it has.

A common version goes:

One white foot, buy him.

Two white feet, try him.

Three white feet, send him far away.

Four white feet, keep him not a day.



This belief likely stemmed from a historical concern over a horse's durability. For centuries, a working horse's soundness was paramount. Horses with more extensive white markings were often thought to have weaker hooves, making them less desirable for hard labour on rocky terrain. This notion was so widespread that some farmers would outright refuse to purchase a horse with more than two white feet, fearing it would be prone to lameness and unable to withstand the rigors of farm work or travel.

However, modern veterinary science and genetics have debunked this superstition. We now know that the colour of a horse's hoof has no bearing on its strength or integrity. The pigmentation is purely a cosmetic trait. A white hoof is just as tough and resilient as a dark one, and a skilled farrier can ensure a horse with any number of white socks remains sound.

Despite the lack of scientific evidence, the rhyme has survived as a fun piece of stable chatter. It's a classic example of how folklore shapes our perception of horses, reminding us of a time when every physical trait was scrutinized for clues about an animal's character and fate.

So, the next time you see a horse with four white socks, don't be shy—just give it a try!

Contributor's Corner

A Tally-Ho to Our Stallions and Mares of the Herald!

Hold your horses! It's only been a year since the Herald trotted out of the gates?

I want to give a thunderous neigh of appreciation to all the mighty stallions and sleek mares who've been kicking up dust and making this publication the magnificent draft horse it has become!

A huge, heartfelt thank you to everyone on the team (too many to name), not just for the incredible contributions that put our content in the winner's circle, but for holding your tongue and keeping the greatest secret since Clever Hans's hoof-tapping code. (Hans was my cousin who seemed to do math, but the real secret was he was reading human body language.) Contributions have varied from, interview respondents, to fact checking and photograph sharing, but all contributions have taken the very important element of "time."

The Secret Stable

You see, a true thoroughbred doesn't thrive by prancing around in the paddock all day. When we're asked to be super-horse—leaping over the highest news fences and galloping at the speed of light—we simply can't function out there in the blinding spotlight without our sweet, sweet anonymity.

Think about it:

-Superman was just a mild-mannered bloke who probably owned a comfy saddle and some excellent hay, a.k.a. Clark Kent.

-Batman was actually Bruce Wayne, a billionaire who could afford all the finest riding gear and probably a stable full of crime-fighting steeds.

And Clyde Stale is really..... oh, stop trying to peek over the stable door! Nuh uh! The answer is locked tighter than a freshly bolted bridle. (Sorry, Rikki, you'll have to try stuffing those carrots or sugar cubes into someone else's pocket. This bloke's jockey is not talking!)



Hoofbeat Herald

READER PUZZLE



Diesel

Geronimo

Mem

Pharoah

Ozzy

Duke



Match the guests to their names -
hint - there are more pics than
names 🙅



Hoofbeat Herald

READER PUZZLE



How many horses, or parts thereof, are in this picture?

LAST MONTH'S READER PUZZLE SOLUTION

Question 1:

In Celtic mythology, what mythical white horse is often associated with goddesses and fertility, and sometimes depicted as a powerful omen?

Answer: The White Horse (often linked to Rhiannon or Epona)

Question 2: In various cultures, including Slavic and some European folklore, what type of mythical horse is sometimes depicted as being able to fly or possess magical abilities, and may be associated with fairies or other supernatural beings?

Answer: Fairy horses or water horses (such as the Scottish Kelpie, though Kelpies often shapeshift)

Question 3: In Roman mythology, what were the swift horses said to pull the chariot of the sun god Sol (or Apollo in Greek mythology)?

Answer: They are often depicted but not always consistently named. Sometimes referred to as fiery or sun steeds. (Helios's horses in Greek myth are sometimes named as Pyrois, Aeos, Aethon, and Phlegon).

Question 4: In Hindu mythology, what is the name of the divine white horse that emerged from the churning of the ocean and is considered the king of horses?

Answer: Uchchaisravas (but who can pronounce it?)

Question 5: In some Native American traditions, horses are seen as powerful spirit animals. What might they symbolize?

Answer: Strength, freedom, power, stamina, movement, and connection to the earth. (Symbolism can vary between tribes).

Question 6: What is the name of the spirited Mustang in the Disney animated film of the same title, who is eventually befriended by a Lakota boy named Little Creek?

Answer: Spirit

Question 7: In the movie The Horse Whisperer, what is the name of the traumatized horse that brings Annie and Robert Redford's character together?

Answer: Pilgrim

Question 8: What breed of horse does Kevin Costner's character, John Dunbar, befriend on the American frontier in the film Dances with Wolves?

Answer: A wild Mustang, whom he names Cisco.

Question 9: What is the name of Roy Rogers' famous golden palomino horse?

Answer: Trigger

LAST MONTH'S READER PUZZLE SOLUTION Continued

Question 10: In the classic television series The Adventures of Rin Tin Tin, what breed of dog is Rin Tin Tin, and what is the name of his young human companion?

Answer: German Shepherd; Rusty

Question 11: What is the name of the talking horse in the 1960s sitcom of the same name?

Answer: Mr. Ed

Question 12: In the animated film DreamWorks' Spirit: Stallion of the Cimarron, what is the name of the paint mare that Spirit eventually falls in love with?

Answer: Rain

Question 13: What is the name of the horse that Mia Thermopolis rides in The Princess Diaries 2: Royal Engagement during the traditional Genovian Games?

Answer: Gunther

Question 14: In the movie Seabiscuit, what was Seabiscuit's initial reputation before becoming a champion racehorse?

Answer: He was considered lazy and undersized.

Question 15: What is the name of the white Arabian horse that T.E. Lawrence rides in the epic film Lawrence of Arabia?

Answer: Ghazala (though he rides several horses)

Question 16: In the animated series BoJack Horseman, what kind of animal is the titular character?

Answer: A horse (duh!)

Question 17: What is the name of the horse ridden by the Headless Horseman in the Disney animated segment of The Adventures of Ichabod and Mr. Toad based on "The Legend of Sleepy Hollow"?

Answer: Daredevil

Question 18: In the film War Horse, what is the name of the central horse character before he is called Joey?

Answer: He is initially called Joey by Albert.

LAST MONTH'S READER PUZZLE SOLUTION Continued

Question 19: What is the name of the horse ridden by the Man in Black in the film The Princess Bride?

Answer: His horse is not explicitly named in the film.

Question 20: In the movie National Velvet, what is the name of the piebald gelding that Velvet Brown trains and rides in the Grand National?

Answer: The Pie (or Pi)

Ben Hur's Team

Aldebaran Altair Rigel Antares

Q and A topic for this month. Nope. None received. BUT if you have anything for December, please email to the below by:

Wednesday November 26th 2025 via newsletter@heavyhorseheaven.com.au